1. **Step To take Project Backup**
2. **Database backup**
3. Open url: localhost/phpmyadmin
4. Click on your database
5. Click on export
6. Click on custom radio button
7. Click on go.
8. **Copy Database SQl file into your project folder(xampp->htdocs->project folder)**
9. After copying database into project folder then right click on project folder
10. Click on send to > compressed(zipped) folder
11. Open gmail account
12. Click on 9 dots given on top right corner of gmail.
13. Choose drive option from it.
14. Drag your zip file to drive
15. Right click on uploaded zip file & share with on my email( o7services003@gmail.com)